

IPSWICH INSTITUTE

Members' Programme

Autumn Term 2019

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If you would like a programme in larger print please ask at the

CLOSURE

The Institute will be closed on
Monday 26th August



Day Course Enrolment

Completed enrolment forms should be returned by post or in person with payment by **5pm, Monday 5th August**. Forms received after this date will be processed where there are still places available.

Receipts/confirmations will not be sent out but can be collected from the desk after 7th August.

Over-subscribed courses: places will be filled by drawing enrolment forms randomly from all those received before the enrolment date.

Course Fees & Dates see table on pages 10-11 for individual course details

Course Room Codes (as used in table on pp 10-11)

A: Art Room: First floor Admiral's House

B: Birkbeck Room: First floor Tavern Street (a total of 25 steps)

C: Corder Room: Ground Floor Admiral's House

G: Gippeswyk Room: Tavern Street - short flight of five steps.

O: Orwell Room: First Floor Admiral's House

NB. Rooms may be subject to change, depending on class size after enrolment and in consultation with tutors and students.

Talks, Trips & Workshops

All non-course events in the programme are bookable now, on receipt of payment. Although phone-call enquiries about availability are welcome, we are able to take payment only in person at the library desk or by cheque in the post.

Evening Programme Enrolment

Our separate Evening Learning Programme is available now and courses are open to members and non-members. Enrolments can be taken now and a phone call or an email will reserve you a place, to be confirmed when payment is received within five working days.

Terms & Conditions

Terms & Conditions for Course and Event Booking which include our policy on cancellations and refunds are available from our website. Please ask if you would like a paper copy.

We are anxious to meet the needs of all our members. Let us know if you have special requirements and we will try our best to help. Note that many of our courses and events are held on the first floor with no lift access.

DAY COURSE PROGRAMME

LANGUAGES

FRENCH

Beginners Anne Pattison Tuesday 1.30 – 3.00

A friendly and fun introduction aiming to enable students to cope with everyday situations. We will cover topics such as introductions, shopping, travelling, eating out...through speaking, listening, reading and short writing activities. The textbook used is *Access 1 French*

Intermediate Sylvie Pinnell Wednesday 9.45 – 11.15

A class for people who feel confident in the basics and want to stretch themselves a bit further with everyday conversation and typical situations of living in France. The course book is *French for Beginners II – BBC*.

Advanced – A level and beyond Sylvie Pinnell Wednesday 11.30 - 1.00

A class for people with a good understanding of the language but who need support with more complicated grammar. Through conversation we will learn more everyday vocabulary, like cinema, holidays, family, new technologies etc.

Just beyond beginners (year 2-3) Sylvie Pinnell Alternate Weds 1.30 – 3.30

This new course is designed for those who have some French, but which needs to be refreshed and consolidated. We will start all over again to refresh your memory and give you confidence to progress quickly to new situations, build on vocabulary and practice everyday situations with role-play. Textbook used: *Façon de Parler 1*, Angela Davis and Dominique Debney. *French for Beginners*, Hodder Education, Textbook and Activity book.

Post GCSE Anne Pattison Wednesday 1.30 - 3.00

A mix of speaking, listening, reading and writing activities around a short literary book “Le Petit Prince” by Antoine de Saint Exupery and textbook “Breakthrough French 3” in a relaxed and friendly atmosphere.

Culture Française – Top French Reads Dominique Nightingale

1st Wednesday in the month 10.15 - 12.15

Les Mots by Sartre, *Lets mots et les choses* by Foucault, *Les mots pour le dire*, a novel by Marie Cardinal, *le mot juste* celebrated by Flaubert – the French love words and are immensely proud of their language and their authors. You are invited to share in their passion and bring in your best French reads – fiction or non-fiction, any length, any period, any nationality as long as the original text is in French. It could be a poem, newspaper article, a novel, a play or scene from a play, opera libretto, film script, or comedy sketch. All you need to do is explain the reason for your choice, read out a sample to the group, and be ready to champion your piece when it comes to voting at the end of the course!

These sessions are held in French and aimed at intermediate and advanced French learners. 9 monthly sessions from October - June

FRENCH (Continued)

Café Français - Chez l'Amiral Dominique Nightingale

3rd Wednesday in the month 10.15 - 12.15

Hosted by a native French teacher, this is a monthly meeting to discuss topical issues in French. You will have an opportunity to propose your own subjects as well as exchange points of view on all kinds of questions. Past topics have included: identity politics, what annoys you, referendum, Johari window, what if you were prime minister, cultural appropriation, words impossible to translate and the tyranny of 'positive thinking'. 9 monthly sessions, October - June

Please note: this series is designed for advanced French speakers. The Culture Française series may be used as an introduction.

GERMAN

Year 2	Karen Patrick	Monday	1.30 – 3.00
Year 5	Karen Patrick	Monday	11.30 – 1.00
Intermediate	Karen Patrick	Thursday	11.45 - 1.15
Improvers	Karen Patrick	Friday	10.00 - 11.30

ITALIAN

Year 3 Eleanor Dickson Thursday 1.30 – 3.00

(A2 level of the European Common Framework for Languages)

This is a lively course for those with some experience in Italian. We will focus on speaking and listening but also spend time studying the phrases and vocabulary one might encounter as a visitor to Italy. Students will consolidate and extend their knowledge of tenses. The topics covered will link to contemporary Italy, as well as aspects of its rich cultural heritage.

Year 4 Eleanor Dickson Thursday 9.45 – 11.15

(A2/B1 level of the European Common Framework for Languages)

This course continues from Year 3, broadening vocabulary so that students can speak about more in-depth issues and deal with a wider range of situations when travelling in Italy. We will broaden our study of grammar by expanding students' existing knowledge of tenses and through more complex grammatical features such as the subjunctive. Classes will involve discussion about contemporary Italy and listening exercises based on authentic video material.

Advanced Eleanor Dickson Thursday 11.30 – 1.00

(B2 level of the European Common Framework for Languages)

A lively course for those who have completed a substantial course of study in Italian and who wish to maintain and develop their existing language skills. In-depth grammar, vocabulary and idiom will be studied with the aim of increasing confidence and giving students the ability to deal with everyday situations, express opinions and participate in lively discussions about contemporary Italy. Texts are sourced from authentic material as well as the two course books we follow '*Read, Think Italian*' and '*Enjoy Italian*'.

LATIN

Beginners	Karen Patrick	Friday	2.00 – 3.30
Year 3	Karen Patrick	Thursday	9.45 – 11.15
Year 5	Karen Patrick	Monday	9.30 – 11.00
Year 8	Karen Patrick	Friday	11.45 - 1.15
Year 9	Karen Patrick	Thursday	1.45 - 3.15

The Latin courses above use the 'Ecce Romani' text book series: the level of each course is indicated by the year of study. For further information please ask at the library desk.

Latin - Advanced Terry Bird Thursday 10.00 – 11.30
Taught by a classicist this course is suitable for advanced level students.

SPANISH

Year 3	Marga Spilman	Monday	1.30 – 3.00
Improvers	Marga Spilman	Monday	9.30 - 11.00
Intermediate	Marga Spilman	Monday	11.30 - 1.00

HISTORY, PHILOSOPHY, ECONOMICS

Greek Tragedies – Aeschylus, *The Oresteia* Dominique Nightingale
Tuesday 10.15 – 12.15

Many of today's movies are based on the plots of Classical Greek tragedies: a solitary hero or heroine struggling with themselves or destiny. The themes and structures of their plays have influenced opera and theatre for centuries. Yet Ancient Greek tragedies flourished for less than a century in just one city, and the works of only three tragic playwrights – Aeschylus, Sophocles and Euripides – have survived to our day. To understand this legacy we will look at the father of Greek theatre, Aeschylus. We will read his trilogy, *the Oresteia*, set in the aftermath of the Trojan war, and follow the bloody chain of murder and revenge within Agamemnon's royal family. We will use Ted Hughes' translation (pub. Farrar, Straus and Giroux (2000), ISBN-13: 978-0374527051).

Further courses proposed in the same series will be Sophocles' Theban plays – Oedipus Rex, Antigone and Oedipus at Colonus – in the spring term and Euripides' Medea in the summer term.

Architectural History – Part 1 Judith Scott Tuesday 2.00 – 4.00
An introduction to the development of the structure and style of buildings from the ancient world to the present day, with a particular focus on British architecture. The course aims to foster an appreciation of the methods and achievements of past societies. Completion of this course will help you to 'read' the buildings around us today, deriving greater understanding of how and why they were built and of their styles. This course is designed for two terms, the first term will explore the architecture of the great civilisations, from Egypt, Greece and Rome to British Gothic; the second term (spring 2020), will cover 16th – 20th century British architecture. You may enrol for one or both terms.

Current Economic Issues Sheila Moore Wednesday 2.00 – 4.00

A weekly discussion of a range of current economic issues, both national and global. The sessions will be flexible in order to respond to rapidly changing situations and to your interests. We welcome new participants and points of view as well as the return of former ones. Inevitably, we will consider the UK's withdrawal from (or continued membership of!) the EU, within a changing international trade and investment environment.

Other possible topics: environmental economics; the social and economic divisions in British society; the economic role of governments in alternative systems; the economics of health and social services.

Philosophy - Wittgenstein, *Philosophical Investigations* Dr Nick Joll
Thursday 2.00 – 4.00

Ludwig Wittgenstein's *Philosophical Investigations* is perhaps the major work of 20th century philosophy. From the cover of one edition, the book is described:

'First published in 1953, two years after the author's death, it is the last product of intensive work done by Wittgenstein during the period 1929-49. In it he treats the concepts of meaning; of understanding; of propositions; of logic; of states of consciousness; and many other topics of central concern to philosophers.'

Something the blurb fails to mention is the book contains an attack upon philosophy itself, at least as traditionally practiced. The best edition is *Wittgenstein, Philosophical Investigations*, trans G E M Anscombe et al, ed. Hacker and Schulte, revised 4th edition. ISBN1405159294/978-1405159296, but it is expensive. An earlier version translated solely by Anscombe would be acceptable. The first session of the course will be a general introduction followed by a discussion of Wittgenstein's preface and the first twenty three sections.

'Workshop of the World: a Brief Social History of England 1815-1914
Dr Simon Doney Friday 2.30 – 4.30

During the nineteenth century, Britain underwent a huge economic and social transformation that made it the workshop of the world. However, society was confronted with significant questions on key social issues such as poverty, health, and unemployment generated by these dramatic changes. This course will investigate how the Victorians confronted these great social challenges.

FILM, LITERATURE AND CREATIVE WRITING

Portrait of the Artist as a Film Icon David Read Monday 1.30 – 3.30

The lives of famous artists have long been considered ideal subjects for film biopics, since they are often full of crisis and drama, inspiration and beauty. Many great artists live tortured lives, which makes for good drama, but the best of these films can teach us something about the art itself as well as the people who create it. They explore the relationship between art and the viewer, as well as the historical and political context in which artists work. The course will look at a number of films depicting the life and work of artists.

Creative Writing Peppy Barlow Alternate Wednesdays 2.00 - 4.00

A course for anyone interested in writing at any level and in any style. The classes are informal and there is a lot of discussion. It is a place for exploring and developing your own talent with support and advice from the tutor. Most of the writing is done at home between classes.

Language, Lore & Legend Dr Graham Platts Thursday 10.15 – 12.15

The language of this country a millennium ago was very different to modern English. We shall consider the linguistic legacy of those who lived here and developed our language, stories and traditions. We will consider the impact of Roman occupation; the early development of writing; the arrival of the Anglo-Saxons and the beginnings of English language and culture; the coming of Christianity and King Alfred's renaissance. We review the grammatical characteristics of English at the end of the first millennium before turning to the influence of the Normans. Since then there have been sustained attempts to standardise English while other influences have sought to reinforce differences within our society. Modern English has inherited these different trends and added other factors to shape our communication. Where is English heading?

Creative Writing – Transformation Sally Wilden Friday 10.15 - 12.15

Transformation is one of the conditions of life. We observe it and experience it at every stage of existence. It is a constant theme in literature from classical myths, folk stories and legends to science fiction, nature writing and many other subjects and genres. In these sessions we will be experimenting with different forms and how they can inspire and frame our creative writing on this subject. Writing will mostly take place in class with feedback given in a supportive way.

The Poetry of W.S. Graham Dr Stephen Palmer Thursday 1.30 – 3.30

W.S. Graham (1918-1986) was born in Greenock, Scotland. He first studied structural engineering before turning to writing in the 1930s. During WWII he moved to the far western corner of Cornwall, settling there for most of the rest of his life. Graham was friends with the painters and artists associated with St Ives at that time, particularly Peter Lanyon, Brian Wynter and Roger Hilton, and was active in the visual arts as well as poetry. On this 10 week course we will read from the *New Selected Poems*, edited by Matthew Francis (Faber and Faber, 2018: ISBN 0571348440), published to celebrate the centenary of Graham's birth, taking in a representative selection and tracing some of the poet's signature concerns and the development of his poetry over four decades.

Poetry Matters Janet Dann Friday 10.15 - 12.15

Everyone can remember a poem, even if it is just a few lines from our early years. From old favourites to new discoveries, we shall be exploring poetry across the centuries via a series of themes, sharing them by reading them aloud. Whether you are a lifelong poetry lover or someone who left it behind with relief when you left school, come and see what poetry can do for you. No experience is necessary, just curiosity and a love of words!

Course Timetable

for course content see pages 3-7 & 10-12, for Room Codes see page 2

	COURSE	TUTOR	ROOM	TIME	WEEKS 1 or 2 terms	DATES	HALF TERM	COST 1 or 2 terms
MONDAY	Spanish - Improvers	Marga Spilman	O	9.30 - 11.00	12 or 24	9 Sep - 9 Dec	30 Sep & 28 Oct	£59.50/£107
	Spanish - Intermediate	Marga Spilman	O	11.30 - 1.00	12 or 24	9 Sep - 9 Dec	30 Sep & 28 Oct	£59.50/£107
	Spanish - Year 3	Marga Spilman	G	1.30 - 3.00	12 or 24	9 Sep - 9 Dec	30 Sep & 28 Oct	£59.50/£107
	Latin - Year 5	Karen Patrick	G	9.30 - 11.00	12 or 24	9 Sep - 2 Dec	21-Oct	£59.50/£107
	Botanical Painting	Sara Harrington	A	10.00 - 12.00	10 or 20	16 Sep - 2 Dec	23 Sep & 21 Oct	£49.50/££88.50
	Fit for Life	Alison Basil	B	10.15 - 11.30	12 or 24	9 Sep - 2 Dec	21-Oct	£59.50/£107
	Fit for Life	Alison Basil	B	11.30 - 12.45	12 or 24	9 Sep - 2 Dec	21-Oct	£59.50/£107
	German - Year 5	Karen Patrick	G	11.30 - 1.00	12 or 24	9 Sep - 2 Dec	21-Oct	£59.50/£107
	German - Year 2	Karen Patrick	C	1.30 - 3.00	12 or 24	9 Sep - 2 Dec	21-Oct	£59.50/£107
	Portrait of the Artist as a Film Icon	David Read	O	1.30 - 3.30	10	16 Sep - 25 Nov	21-Oct	£49.50
Coloured Pencil Workshop - Nature	Janie Pirie	A	1.30 - 3.30	12	16 Sep - 16 Dec	21 Oct & 4 Nov	£59.50	
TUESDAY	Watercolour Painting for Pleasure	Bob Forster	A	10.15 - 12.15	12 or 24	10 Sep - 3 Dec	22-Oct	£59.50/£107
	Photography - Out & About	Keith Locke	G	10.15 - 12.15	11	17 Sep - 3 Dec	22-Oct	£55.00
	Greek Tragedies - Aeschylus	Dominique Nightingale	O	10.15 - 12.15	10 or 20	1 Oct - 10 Dec	22-Oct	£49.50/££88.50
	Ukelele for Beginners	Tim Laming	C	11.00 - 1.00	10	17 Sep - 26 Nov	22-Oct	£49.50
	Yoga for all abilities	Sarah Moss	B	10.00 - 11.15	12 or 24	10 Sep - 3 Dec	22-Oct	£59.50/£107
	Yoga for all abilities	Sarah Moss	B	11.30 - 12.45	12 or 24	10 Sep - 3 Dec	22-Oct	£59.50/£107
	French - Beginners	Anne Pattison	C	1.30 - 3.00	12 or 24	17 Sep - 17 Dec	16 & 23 Oct	£59.50/£107
	Architectural History - Part 1	Judith Scott	B	2.00 - 4.00	10 or 20	17 Sep - 26 Nov	22-Oct	£49.50/££88.50
	Guitar - Year 3	Tim Laming	O	1.30 - 3.30	10	17 Sep - 26 Nov	22-Oct	£49.50
	Drawing & Watercolour - all abilities	Bob Forster	A	2.00 - 4.00	12 or 24	10 Sep - 3 Dec	22-Oct	£59.50/£107
WEDNESDAY	Drawing	Robert Coppillie	A	9.15 - 10.45	10 or 20	18 Sep - 27 Nov	23-Oct	£49.50/££88.50
	Watercolour Landscapes	Robert Coppillie	A	11.00 - 1.00	10 or 20	18 Sep - 27 Nov	23-Oct	£49.50/££88.50
	Birkbeck Singers	Chandra Grover	B	10.00 - 12.00	13 or 25	11 Sep - 11 Dec	23-Oct	£65.50/£114
	Flute Ensemble	Sylvia Fairley	G	10.00 - 12.00	12 or 24	11 Sep - 4 Dec	23-Oct	£59.50/£107
	Culture Française - 1st Wed in month	Dominique Nightingale	O	10.15 - 12.15	9	2/10, 6/11, 4/12, 8/1, 5/2, 4/3, 1/4, 6/5, 3/6	£44.50	
	Café Français - 3rd Wed in month	Dominique Nightingale	O	10.15 - 12.15	9	16/10, 20/11, 18/12, 22/1, 19/2, 18/3, 15/4, 20/5, 17/6	£44.50	
	French - Intermediate	Sylvie Pinnell	C	9.45 - 11.15	12 or 24	4 Sep - 4 Dec	23 & 30 Oct	£59.50/£107
	French - Advanced	Sylvie Pinnell	C	11.30 - 1.00	12 or 24	4 Sep - 4 Dec	23 & 30 Oct	£59.50/£107
	French - Just beyond beginners (Alt wks)	Sylvie Pinnell	O	1.30 - 3.30	7	11/9, 25/9, 9/10, 6/11, 20/11, 4/12, 18/12	£35.00	
	French - Post GCSE	Anne Pattison	C	1.30 - 3.00	12 or 24	18 Sep - 18 Dec	16 & 23 Oct	£59.50/£107
	A Brush with Drawing	Steve Joyce	A	1.30 - 3.30	10	18 Sep - 27 Nov	23-Oct	£49.50
	Creative Writing - Alternate wks	Peppy Barlow	O	2.00 - 4.00	7 or 17	18/9, 2/10, 16/10, 30/10, 13/11, 27/11, 11/12	£35/£76	
	Current Economic Issues	Sheila Moore	G	2.00 - 4.00	10	25 Sep - 4 Dec	30-Oct	£49.50
Alexander Technique	Rosalind Field	B	12.30 - 2.00	12 or 24	11 Sep - 4 Dec	23-Oct	£59.50/£107	
Alexander Technique	Rosalind Field	B	2.30 - 4.00	12 or 24	11 Sep - 4 Dec	23-Oct	£59.50/£107	
THURSDAY	Latin Advanced	Terry Bird	C	10.00 - 11.30	10 or 20	26 Sep - 5 Dec	24-Oct	£49.50/££88.50
	Latin - Year 3	Karen Patrick	G	9.45 - 11.15	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	Language, Lore & Legend	Dr Graham Platts	B	10.15 - 12.15	10	19 Sep - 28 Nov	24-Oct	£49.50
	Watercolour	Eric Packard	A	10.15 - 12.15	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	Italian - Year 4	Eleanor Dickson	O	9.45 - 11.15	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	Italian - Advanced	Eleanor Dickson	O	11.30 - 1.00	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	German - Intermediate	Karen Patrick	G	11.45 - 1.15	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	Italian - Year 3	Eleanor Dickson	C	1.30 - 3.00	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	The Poetry of W S Graham	Dr Stephen Palmer	O	1.30 - 3.30	10	19 Sep - 28 Nov	24-Oct	£49.50
	Guitar - Year 2	Tim Laming	A	1.30 - 3.30	10	19 Sep - 28 Nov	24-Oct	£49.50
	Latin - Year 9	Karen Patrick	G	1.45 - 3.15	12 or 24	12 Sep - 5 Dec	24-Oct	£59.50/£107
	Philosophy - Wittgenstein	Dr Nick Joll	B	2.00 - 4.00	10	26 Sep - 5 Dec	24-Oct	£49.50
	FRIDAY	German - Improvers	Karen Patrick	C	10.00 - 11.30	12 or 24	13 Sep - 6 Dec	25-Oct
Poetry Matters		Janet Dann	B	10.15 - 12.15	10 or 20	27 Sep - 6 Dec	01-Nov	£49.50/££88.50
Creative Writing - Transformation		Sally Wilden	O	10.15 - 12.15	10	20 Sep - 29 Nov	25-Oct	£49.50
Just Acrylic		Amy Drayson	A	10.15 - 12.15	10	20 Sep - 29 Nov	25-Oct	£49.50
Latin - Year 8		Karen Patrick	C	11.45 - 1.15	12 or 24	13 Sep - 6 Dec	25-Oct	£59.50/£107
Life Drawing		Paul Vousden	O	1.30 - 3.30	10	27 Sep - 6 Dec	25-Oct	£82.00
Guitar - Year 4		Tim Laming	A	1.30 - 3.30	10	20 Sep - 29 Nov	25-Oct	£49.50
Institute Bridge Club		Tony Shearman	C	1.45 - 3.45	12	13 Sep - 6 Dec	25-Oct	£28.00
Latin - Beginners		Karen Patrick	C	2.00 - 3.30	12 or 24	13 Sep - 6 Dec	25-Oct	£59.50/£107
A Social History of England 1815 - 1914		Dr Simon Doney	B	2.30 - 4.30	10	20 Sep - 29 Nov	25-Oct	£49.50

Ipswich Institute Autumn 2019 Day Course Enrolment Form



To be returned to the library desk
by 5.00pm Monday 5th August 2019

Name:	Mem No:
Email:	Telno:

Course Title	Day	Time	No. of Terms	Fee
1				
2				
3				
4				

Payment by (please tick) Card Cheque* Cash

*If paying by cheque a separate cheque is required for each course.

For payment by card please provide the details below:

Card No:	<input type="text"/>
Expiry Date:	<input type="text"/> / <input type="text"/>
Security No:	<input type="text"/>
Signature:	<input type="text"/>
Date:	<input type="text"/>

Please provide a S.A.E if you would like a receipt to be sent by post,
otherwise receipts will be available for collection from the desk.

Forms received after 6th August will be processed in due course where
places are still available.

DAY COURSE PROGRAMME (Continued)

ART

Botanical Painting Sara Harrington Monday 10.00 - 12.00

A simple introductory and continuing course in painting flowers in watercolour, using botanical illustration methods, techniques and tips. With demonstrations and helpful advice, students will be able to develop their own painting and drawing skills through various exercises whatever their personal level.

Equipment: bring all your watercolours, preferably smooth hot press watercolour paper, various sized good quality water colour brushes, HB pencil, ruler, putty rubber and a rag. **Please bring plant material of your own choice.**

Coloured Pencils– Let's Draw Nature Janie Pirie Monday 1.30 - 3.30

Whether an absolute beginner or an accomplished user of coloured pencils, this course will give you the opportunity to create a beautiful picture. Working from a photograph of your choice you will be shown how to get your outline drawing onto good quality art paper and use your pencils to greatest effect. Your subject can be a landscape, animal, bird, flowers, leaves, fruit, vegetables... The photograph, preferably one you have taken yourself, needs to be at least A4 size with clear detail. Equipment: bring an HB pencil, sharpener and eraser. Other materials needed - tracing paper, good quality art paper and good quality coloured pencils - are all available to buy from the tutor.

Watercolour Painting for Pleasure Bob Forster Tuesday 10.15 - 12.15

All abilities.

Drawing and Watercolour Bob Forster Tuesday 2.00 - 4.00

All abilities

Drawing Robert Coppillie Wednesday 9.15 - 10.45

Watercolour Landscapes Robert Coppillie Wednesday 11.00 - 1.00

A Brush with Drawing Steve Joyce Wednesday 1.30 – 3.30

This ten week course will explore a range of different techniques bridging the gap between drawing and painting. Drawing is the focus in terms of observational methods and also in the use of different soluble drawing media outlined in the materials list. Demonstrations and set tasks will lead to individual development in your own preferred media, allowing you to investigate the subjects and ideas that interest you. This course will suit all levels of ability and there will be a chance to focus, expand and refine your skills. *An essential materials list is available.*

Watercolour Eric Packard Thursday 10.15 - 12.15

Traditional watercolour painting with individual guidance from the tutor.

Just Acrylic Amy Drayson Friday 10.15 – 12.15

A creative and friendly class to develop techniques for painting in acrylic. As well as working on techniques, colour and composition we will also look at planning and preparing a painting. The course aims to help beginners and improvers enjoy painting in acrylic with confidence. *A materials list is available.*

Life Drawing Paul Vousden Friday 1.30 – 3.30
A practical class with a variety of tips, techniques and principles to introduce beginners to life drawing and help more experienced artists develop their techniques and styles. Working with a skilled life model the tutor's support will help you explore line, tone, form and substance. Please bring paper, drawing board and drawing materials including charcoal. Paul's work can be viewed at www.saa.co.uk/art/paulvousden.

MUSIC

The Birkbeck Singers Chandra Grover Wednesday 10.00 - 12.00
The Birkbeck Singers is a mixed choir which enjoys singing rock & pop, swing, folk and songs from musical theatre. New members are always welcome and there are no auditions or a requirement to read music. The only prerequisite is a love of singing. We sing for fun and enjoy learning together and our aim is to make the best sound that we can whilst enjoying a morning of song with friends. Areas of focus are vocal technique, performance and musical understanding. The choir performs at 2 to 3 concerts a year and raises money for its nominated charity.

Flute Ensemble Sylvia Fairley Wednesday 10.00 - 12.00
The Flute Ensemble welcomes players of a standard in the range of grade 3 – 8+. If you enjoy playing the flute, even if you haven't played for a while, you will get ten times more pleasure from playing in a group! You will be joining a relaxed ensemble, exploring a varied repertoire from classics to light jazz, and can gain the satisfaction of playing with others, while sorting out any queries about technique with a specialist flute tutor.

Guitar – Year 2 Tim Laming Thursday 1.30 – 3.30
A continuation course in guitar tablature and chord progressions covering all styles of music. This course will enable you to read and play simple tunes and strum open chords in rhythm. You will need an acoustic or classical guitar to take part. *Not suitable for beginners.*

Guitar – Year 3 Tim Laming Tuesday 1.30 – 3.30
A continuation course in guitar tablature and chord progressions covering all styles of music. This course will enable you to read and play simple tunes and strum open chords in rhythm and learn finger-style guitar. You will need an acoustic or classical guitar to take part. *Not suitable for beginners.*

Guitar – Year 4 Tim Laming Friday 1.30 – 3.30
A continuation course for those with more experience in guitar tablature and chord progressions. This course will enable you to read and play simple tunes and strum open chords in rhythm and learn finger-style guitar. You will need an acoustic or classical guitar to take part. *Not suitable for beginners.*

Ukulele for Complete Beginners Tim Laming Tuesday 11.00 – 1.00
The Ukulele is a hugely popular and enjoyable instrument to play. No previous experience is needed on this course. Just come along with your own ukulele and have fun learning this great little instrument. You will learn to play chords and simple melodies, and to read ukulele tablature.

LEISURE INTERESTS

Photography – Out and About with your Camera

Keith Locke

Tuesday 10.15 - 12.15

This 11 week course is an ideal follow-on course for students who have completed the 'How to Enjoy your Camera' course, or who have some experience of using a digital camera. We will alternate our time with one week out on location shoots, honing our skills, and the following week in the classroom where we will download, assess and critique the images from the previous week. We will also learn how to resize and prepare images for printing.

Ipswich Institute Bridge Club

Tony Shearman

Friday 1.45 – 3.45

At the beginning of each session Tony Shearman will give an hour of tuition, with tips or revision on subjects suggested by the members. The remaining time is for unsupervised play. The Bridge Club would suit anyone who has previously completed the Beginners/Improvers two year course, or others who have learned to play the game and are looking for an opportunity to play socially.

HEALTH & FITNESS

Fit for Life

Alison Basil

Monday

10.15 - 11.30 & 11.30 - 12.45

This popular course offers gentle energising and relaxing exercises and improves the general health and well-being of everyone, whatever your age or fitness level. The course will use practices drawn from T'ai Chi, Do-In, Qi-Gong, the Meridian system and Yoga. These traditional healing arts are known for building inner vitality while externally appearing gentle. The activity level is suitable for all abilities and can be adjusted to suit all needs. Please wear loose clothing, bring a yoga mat or similar and a blanket for the relaxation session. Please bring water. Alison is happy to discuss your needs. Further details available on request.

Please state the time of your preferred class on the enrolment form

Yoga for all Abilities

Sarah Moss

Tuesday

10.00 – 11.15 & 11.30 – 12.45

Sarah is a British Wheel of Yoga qualified tutor who has taught locally for several years at all levels of ability, and is experienced in adapting yoga poses to meet the needs of individual students.

Alexander Technique

Rosalind Field

Wednesday

12.30 - 2.00 & 2.30 - 4.00

This course teaches a skill for life which helps to improve balance, co-ordination and ease of movement. It can enhance the quality of your health, well-being and enjoyment of life. This unique, self-help method can be applied, with benefit, to all the activities of daily living. Further details are available from the library desk.

For further information on any of the fitness courses please ask at the library desk.

ART WORKSHOPS with Steve Joyce

Techniques – Soft Pastels

Saturday 9 November

9.30am – 3.30pm

This workshop will explore the methods and materials of soft pastels to help you refine and enhance your skills. All the basics are covered as well as aspects of colour theory and the relation between paper colours and media.

Demonstrations and prepared examples will introduce the techniques and open tasks will help you explore your own picture making. Suitable for all ability levels, you will need to bring soft pastels and pastel paper. A full materials list is available, and some materials and papers will be provided and included in the price.

£28 Member, £33 Non-member. (incl. morning coffee and lunch)

Painters Day with Acrylics

Saturday 23 November

9.30 – 3.30pm

This workshop will introduce and explore painting methods using acrylics. You will investigate a range of application and manipulation techniques to produce different effects and explore colour mixing and theory to create distinctive compositions. There will be time to develop your skills and direct your focus to your own interests, as well as explore the work and methods of other artists.

Suitable for all levels of ability. Materials list available, some items will be provided and included in the cost.

£28 Member, £33 Non-member (incl. morning coffee and lunch)

Calling all Mandolinists!

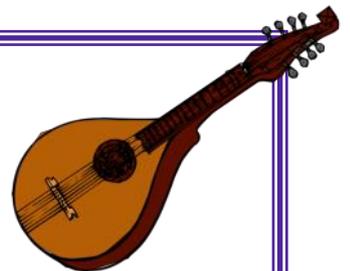
Do you play the mandolin?

And would like to join others in an ensemble?

If you play or have ever played the mandolin, here is a chance to make friends with other mandolinists, to improve your playing skills and have fun. Players of all levels welcome as long as you have your own instrument and can read a score. Folk, classic, baroque, pop – all kinds of music are encouraged.

If you are interested please contact the Institute and we'll put you in touch with other like-minded players.

Phone 01473 253992 or email library@ipswichinstitute.org.uk with your details.



DAY LECTURES

Members may buy tickets for non-member guests for these events.

Thursday 12th September From Siege to Sheeran Anthony Wooding.
Framlingham Castle is an iconic historical site. Anthony Wooding gives an illustrated presentation of its history, viewed through four major and successive themes; feudalism, nationalism, state religion and social welfare.
2.00 - 3.00pm Birkbeck Room, Tickets £4.

Thursday 24th October Rediscovering Cedric Morris, Artist & Plantsman

An illustrated talk by Diana Grace.



Cedric Morris was in his time a highly acclaimed, commercially successful artist and our talk offers a glimpse into the world of this under-rated artist.

2.00 - 3.00pm Birkbeck Room, Tickets £4.

Tuesday 5th November Silbury Hill - Unplugged, with Afternoon Tea

David Stainer and Scott Dolling play a lively mix of acoustic music at events and clubs throughout the region as well as an occasional foray into France and Belgium! They bring a selection of tunes and tales to the Institute, to be taken with afternoon tea. Book early! 3.00 - 4.00pm, Admirals House. Tickets £8.



Tuesday 3rd December Mark Mitchels' Christmas Miscellany

Mark Mitchels' Christmas Miscellany, well known pieces, some old and some new from classic writers, poems and stories, best loved carols and traditions explained through a thoroughly entertaining journey. There will be laughter but there will be tears too. Early booking essential.

2.00 - 3.30pm, Birkbeck Room. Tickets £8 to include Christmas Nibbles

Evening Learning at the Institute

The autumn term programme of evening classes is now available.

Evening classes are open to all, with Institute members qualifying for a discount on the course fees. Enrolments for evening classes are being taken now.

This term's courses include: Painting, Life Drawing, Creative Textiles, Astronomy, Art History, 3D Design and Japanese Culture - as well as various languages and instrumental music.

Ask for details at the Library Desk.

WEDNESDAY EVENING PROGRAMME

Events take place from 7.00 - 8.30 pm in Chapters Restaurant, Admiral's House unless otherwise stated. Members may buy tickets for non-member guests.

25th September Constructing the Sutton Hoo Ship replica

Paul Constantine

What are the processes for constructing a 90ft ship? This talk explains the background and shows the practical steps, from hewing trees to the launching of a Scandinavian ship. **£4**

2nd October The River Deben – Mark Mitchels

You may have thought Mark had retired - but he can't resist returning to such a delightful audience! Another illustrated talk from Mark, about one of the most beautiful rivers running through our county. **£5**

9th October Tales from the early days of British computing

Professor Simon Lavington

Ferranti Ltd. delivered the world's first production computer in 1951 and for some time was effectively the only supplier of computers to countries outside the USA. In this talk we set Ferranti in the context of British and American projects, exploring the company's relationship to other computer manufacturers. Women mathematicians featured strongly as early programmers and the careers of six of these pioneers are described. Of the nine Ferranti installations, most were applied to Cold War defence problems. The case-history of GCHQ's first computer is taken as an example.

£4 (£5 for non-members)



Emeritus Professor Simon Lavington, M.Sc., Ph.D., FIEE, FBCS graduated from Manchester University in 1962 and joined the University's computer design group. He became Professor of Computer Science at the University of Essex in 1986.

16th October A journey in Nepal, with Chris Parfitt

Chris will take us on a trip visiting Kathmandu, Chitwan Wildlife Park and Pokhara, looking at local life and the varied scenery of this Himalayan country. A Nepalese themed meal is included.

Always popular so don't delay in buying your tickets. **£15.75**

Heritage Open Days are on the weekend of 14-15 September.

Please let your friends and neighbours know.

Volunteers to help greet visitors would be very welcome - please speak to Hugh if you are interested.

DAY VISITS



DESTINATION	Date of Trip
<p>Leeds Castle, and Festival of Flowers, Kent “Possibly the loveliest Castle in the World”, Leeds Castle rises majestically from a moat within 500 acres of beautiful parkland and gardens. It has been a Norman stronghold; the private property of six queens; a royal palace; a Jacobean country house; a Georgian mansion and an elegant 20th century retreat for the influential and famous. Visit includes the annual “Festival of Flowers” £35</p>	<p>Tuesday 17th September</p>
<p>Mystery Tour of Suffolk Churches with Roy Tricker Join church historian, author, and self-confessed “Church Crawler” Roy Tricker on a mystery tour of some of Suffolk’s finest Churches. Expect the un-expected as Roy guides us enthusiastically around some of his favourites. (This will be a different selection to the Churches we visited with Roy on his last tour with us in 2017). £20</p>	<p>Tuesday 22nd October</p>
<p>“Behind the Seams” Guided Tour of Angels Costumes, Hendon. A tour of the world's largest costume house dating from 1840 with a collection of over 1 million items. Hear first-hand accounts of work on productions such as Shakespeare in Love, The Lady in the Van and Downton Abbey and see clothes created for Benedict Cumberbatch, Judi Dench, Fred Astaire and many more. En route there will be a short visit for free time/lunch in the historic, cathedral city of St Albans. £40</p>	<p>Weds 27th November</p>
<p>All trips can be booked as soon as they are publicised, by post or in person. Day trips are in the first instance open to members only. If vacancies exist as the date of the trip approaches non-member guests can be added from a waiting list.</p>	

IPSWICH INSTITUTE READING ROOM & LIBRARY

Library & Reading Room,

15 Tavern Street,
Ipswich IP1 3AA

Library/Office

Tel 01473 253992
 Hours of opening: 0900-1700 (Mon-Fri)
 0900-1600 (Sat)

The Admiral’s House,

13 Tower Street, Ipswich, IP1 3BE
 Reception: 01473 253995

Chapters: 01473 287721

Hours of opening: 0900-1600 (Mon-Fri)

email: library@ipswichinstitute.org.uk

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