

DAY TRIPS, TALKS AND WORKSHOPS OPEN TO ALL

Welcome to the Ipswich Institute. We run a range of evening courses, talks, trips and workshops which are open to all (Institute members and non-members) and are an ideal way to discover who we are and what we do. For more information, visit www.ipswichinstitute.org.uk or call in to the library.

Day Talk

80 years of Ipswich and Suffolk in words and pictures, with Terry Hunt and Dave Kindred

Tuesday 27th October

Members £7 / Non-Members £10

Day Trips

Price includes coach travel and entry.

Belton House, Lincolnshire (National Trust)

Thursday 17th September

Members £50 / Non-Members £60 (National Trust members £20 off)

Red House, Aldeburgh (home of Benjamin Britten and Peter Pears) and Snape Maltings

Wednesday 14th October

Members £40 / Non-Members £50

Agatha Christie: 'A World of Mystery' - A Major Exhibition on the Woman behind the Books, at the British Library

Tuesday 17th November

Members £45 / Non-Members £55

Saturday Workshops

Creative Printmaking for All, with Steve Joyce

3rd October and 14th November, 09:30-15:30

Members £45 / Non-Members £55

Improve Your Chess mini-course, with Dagne Ciuksyte

10th, 17th, 31st Oct, and 7th Nov 10:00-12:00

Members £40 / Non-Members £50

Yoga - 'Loving Heart', with Sarah Moss

24th Oct 09:30-15:30

Members £35 / Non-Members £45

Bookbinding, with Margaret Holder

21st Nov, 09:30-12:00

Members £45 / Non-Members £55

Qi-gong, mindfulness and meditation, with Sarah Moss

28th Nov, 09:30-12:00

Members £15 / Non-Members £20

Festive Papers, with Margaret Holder

28th Nov, 13:00-16:00

Members £15 / Non-Members £20

Christmas Wreath Making, with Margaret Knights

5th Dec, 14:00-16:00

Members £30 / Non-Members £35

BECOME A MEMBER

Ipswich Institute membership is open to all.

Benefits include access to: the Library and Reading Room with fiction, non-fiction and audiobooks for loan, as well as local and national newspapers and periodicals; two private cafés; a programme of daytime courses; discounted rates for evening programme courses, talks, workshops and trips. More information about membership can be found on our website: www.ipswichinstitute.org.uk

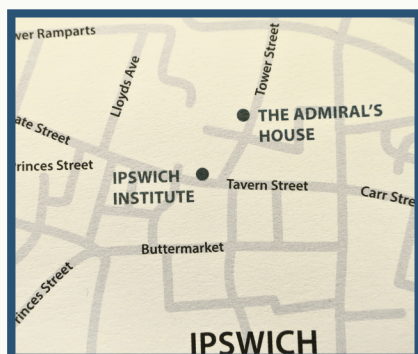
GET IN TOUCH

PHONE: 01473 253992

ADDRESS:

Admiral's House
13 Tower Street
IP1 3BE

Library
15 Tavern Street
IP1 3AA



EMAIL: library@ipswichinstitute.org.uk

WEBSITE: www.ipswichinstitute.org.uk

AUTUMN 2026



DISCOVER IPSWICH INSTITUTE

Talks, courses, trips and workshops open to all

WWW.IPSWICHINSTITUTE.ORG.UK

Evening Courses

** To be eligible for the concessionary fee you must be in receipt of means tested benefit or tax credit, or be under 20 and in full-time education.*

Italian for Improvers

Monday 18:30-20:30

This course is aimed at those with some basic experience in Italian. We will focus on speaking, listening and studying the phrases and vocabulary one might encounter as a visitor to Italy. The topics covered are mainly practical e.g. introducing oneself, eating out, shopping, directions and sightseeing.

Tutor: Giovanni Gravina

Duration: 10 weeks

Dates: 21st Sept - 30th Nov (excl. 26th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Ukulele for Beginners

Monday 18:30-20:00

The ukulele is a hugely popular and enjoyable instrument to learn to play. This course is ideal for complete beginners; learn to play chords in rhythm, simple melodies in various styles, and to read and understand ukulele tablature. You will need to bring a ukulele.

Tutor: Tim Laming

Duration: 10 weeks

Dates: 21st Sept - 30th Nov (excl. 26th Oct)

Cost: £95 (members), £135 (non-members), £105 (concessions*)

Italian Intermediate

Tuesday 18:30-20:30

This continuing course is aimed at students with some knowledge of Italian, covering the four skills - speaking, listening, writing and reading, including grammatical structures. The main emphasis will be on Italian for communication, allowing students to express themselves in the target language, in situations they might experience in real life. Taught by a native Italian speaker, there will be opportunities for cultural insights. Textbook: *Italian 1* Murtas, Varchetta & Benneti, Palgrave Foundations (2nd Edition).

Tutor: Rosalia Sortino

Duration: 10 weeks

Dates: 22nd Sept - 10th Dec (excl. 27th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Climate Change

Tuesday 18:30-20:30

Climate change is one of the most important issues of our time, affecting temperatures, weather patterns, agriculture, water supply, sea level rise and loss of biodiversity. Explore the causes of climate change, how to mitigate its impact on ourselves and our environment, and the strategies we can use to adapt to its effects.

Tutor: Ian Hawker

Duration: 10 weeks

Dates: 22nd Sept - 1st Dec (excl. 27th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Guitar for Beginners

Tuesday 18:30-20:00

This is an introduction to the guitar, guitar tablature and chord progressions, covering all styles of music. Learn to read and play simple tunes and strum open chords in rhythm. You will need an acoustic or classical guitar to take part.

Tutor: Tim Laming

Duration: 10 weeks

Dates: 22nd Sept - 1st Dec (excl. 27th Oct)

Cost: £95 (members), £135 (non-members), £105 (concessions*)

French Conversation

Monday 18:30-20:30

This course is for more advanced French language students and will be given entirely in French, in a relaxed and sharing atmosphere. The emphasis will be on conversation and discussion, giving students the opportunity to practice and improve their spoken French skills in a friendly, informal environment.

Tutor: Sandrine Baigue

Duration: 10 weeks

Dates: 21st Sept - 30th Nov (excl. 26th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Aspects of Art - The Artists of

Great Bardfield in the 20th Century

Monday 19:00-21:00

In the 1930s, Eric Ravilious and Edward Bawden moved from London to the Essex village of Great Bardfield. They were later followed by George Chapman, Thomas Hennell, Kenneth Rowntree and others seeking to escape to the country. On this course we will discover the history and works of this English art in defiance of European Modernism.

Tutor: Mike Baldry

Duration: 5 weeks

Dates: 21st Sept - 19th Oct

Cost: £43 (members), £63 (non-members), £49 (concessions*)

Acrylics for All

Tuesday 18:30-20:30

For beginners and improvers, a chance to explore painting methods with acrylics. You will be introduced to various application and manipulation techniques, aspects of colour mixing, and anything more specific to your interests. Demonstrations and examples of the different methods will help guide you along the way as you develop your skills. Just bring your paints, brushes, palette, and a surface to paint on (paper, board or canvas).

Tutor: Steve Joyce

Duration: 10 weeks

Dates: 22nd Sept - 1st Dec (excl. 27th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Decorative Papers and Fabrics

Tuesday 18:30-20:30

In this course you will experiment with a range of techniques to create designs on papers that can be extended to fabric. We will consider marbling and printing techniques, including printing with stamps, blocks and found objects. You will have the opportunity to create your own stamps and develop a range of papers suitable for book binding, crafts and gifts. Full guidance, instructions and bring lists will be given at each session. There will be a small charge for materials.

Tutor: Margaret Holder

Duration: 5 weeks

Dates: 22nd Sept - 20th Oct

Cost: £43 (members), £63 (non-members), £49 (concessions*)

Adventures in Artland

Monday 18:30-20:30

A fun, practical course for those wishing to further their journey through the world of art, or rekindle a long dormant artistic yearning. This series of interlinked lessons uses a diverse range of art works, styles and mediums to awaken your inner creativity, giving you permission to experiment with your own ideas. Please bring an open mind, sketchbook, pens and pencils to the first lesson.

Tutor: Amy Drayson

Duration: 10 weeks

Dates: 21st Sept - 30th Nov (excl. 5th Oct)

Cost: £86 (members), £125 (non-members), £97 (concessions*)

Placemaking: Ipswich History through the Eyes of an Urban Planner

Monday 19:00-21:00

This illustrated talk looks at the history of Ipswich through its architectural treasures, from its Medieval wealth, through Victorian prosperity to the regeneration of the waterfront. Along the way we will discover 'Placemaking', a term devised in the 1970s and used by urban planners, architects and landscape designers to describe the aspiration of creating high quality public realm spaces. John is an urban planner and landscape architect, and a Fellow of the Royal Town Planning Institute.

Tutor: John Field

Duration: 7 weeks

Dates: 28th Sept - 16th Nov (excl. 26th Oct)

Cost: £60 (members), £88 (non-members), £68 (concessions*)

Yoga for All

Tuesday 17:15-18:30

I look forward to welcoming you to 'Gently into Yoga' for a total wellbeing of the mind, body and breath. I am a yoga teacher, trained for four years with The British Wheel of Yoga, and with more than 10 years experience. Yoga is for everyone so I make sure I offer many different levels into poses throughout the class. The class will include working with the breath, strengthening and flexibility for the body, mindfulness and a relaxation, all so important.

Tutor: Sarah Moss

Duration: 10 weeks

Dates: 22nd Sept - 1st Dec (excl. 27th Oct)

Cost: £65 (members), £95 (non-members), £75 (concessions*)

Bookbinding

Tuesday 18:30-20:30

Explore basic bookbinding techniques for sketchbooks, journals or notebooks, including folding and stitching, to encase your books in a range of decorative papers and/or fabrics. This course is suitable for anyone who wishes to practise a range of traditional bookbinding techniques suitable for further projects including photobooks, journals or gifts. Full instructions and bring lists will be given at each session. There will be a small charge for materials and kits. Bring decorative papers (wrapping paper/spare wallpaper) for book covers.

Tutor: Margaret Holder

Duration: 5 weeks

Dates: 3rd Nov - 1st Dec

Cost: £43 (members), £63 (non-members), £49 (concessions*)

Terms and Conditions for course and event booking, including our policy on cancellations and refunds are available on our website. Please ask in the library if you require a paper copy.