DAY TRIPS, TALKS AND WORKSHOPS OPEN TO ALL

Welcome to the Ipswich Institute. We run a range of evening courses, talks, trips and workshops which are open to all (Institute members and non-members) and are an ideal way to discover who we are and what we do. For more information, visit www.ipswichinstitute.org.uk or call in to the library.

Day Trips

Price includes coach travel and entry.

Fullers Mill Garden and St Edmundsbury Cathedral
Wednesday 24th February
Members £40 / Non-Members £50

Pepys Library, Magdalene College, Cambridge
Wednesday 24th March
Members £40 / Non-Members £50

Ipswich Tourist Guides Association

The Ipswich Tourist Guides run a range of guided walks around Ipswich throughout the year. Ipswich Institute is the home-base for the guides, but you do not have to be a member to join a walk - all are welcome.

Afternoon Tea Walks - January to April
Tickets cost £12.00, including tea and cake.

Tea walks commence at Admiral's House at 13:30, and finish at The Chart Room for refreshments (unless stated otherwise).

For dates and further details, ask in the library or visit: www.ipswichinstitute.org.uk/ipswichtourist

Saturday Workshops

Creative Printmaking for All, with Steve Joyce
09:30-15:30, 23rd January and/or 13th March
Members £45 per session / Non-Members £55 per session

Notice Our Habits in Yoga, with Sarah Moss
09:30-15:30, 30th January
Members £35 / Non-Members £45

Improve Your Chess, with Dagne Ciuksyte
11:00-13:00, 6th and 13th February
Members £20 / Non-Members £30

Meditation 5-week mini-series: Heart Mind Breathe - A Journey Back to Yourself, with Belinda Shave
13:30-15:30, 6th February to 6th March
Members £50 / Non-Members £60

Qi-gong, mindfulness and meditation, with Sarah Moss
09:30-12:00, 20th February
Members £15 / Non-Members £20

Act Your Age - Drama for Fun, with Scott Dolling
10:00-12:30, 27th February and 6th March
Members £25 / Non-Members £35

Terms and Conditions for course and event booking, including our policy on cancellations and refunds are available on our website. Please ask in the library if you require a paper copy.

BECOME A MEMBER

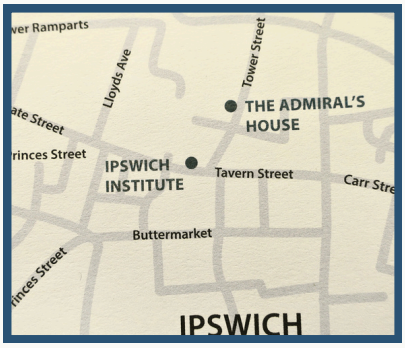
Ipswich Institute membership is open to all.
Benefits include access to: the Library and Reading Room with fiction, non-fiction and audiobooks for loan, as well as local and national newspapers and periodicals; two private cafés; a programme of daytime courses; discounted rates for evening courses, talks, workshops and trips. More information about membership can be found on our website: www.ipswichinstitute.org.uk

GET IN TOUCH

PHONE:
01473 253992

ADDRESS:
Admiral's House
13 Tower Street
IP1 3BE

Library
15 Tavern Street
IP1 3AA



EMAIL: library@ipswichinstitute.org.uk

WWW.IPSWICHINSTITUTE.ORG.UK

SPRING 2027

DISCOVER IPSWICH INSTITUTE

Talks, courses, trips and workshops open to all

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Evening Courses

Italian for Improvers

Monday 18:30-20:30

This course is aimed at those with some experience in Italian. We will focus on speaking, listening and studying the phrases and vocabulary one might encounter as a visitor to Italy. The topics covered are mainly practical e.g. introducing oneself, eating out, shopping, directions and sightseeing. To access the course comfortably and get the most out of it, you should be familiar with present, past and future tenses.

Tutor: Giovanni Gravina
Duration: 9 weeks
Dates: 11th Jan - 15th Mar (excl. 15th Feb)
Cost: £78 (members), £113 (non-members), £88 (concessions*)

French Conversation

Monday 18:30-20:30

This course is for more advanced French language students and will be given entirely in French, in a relaxed and sharing atmosphere. The emphasis will be on conversation and discussion, giving students the opportunity to practice and improve their spoken French skills in a friendly, informal environment.

Tutor: Sandrine Baigue
Duration: 9 weeks
Dates: 11th Jan - 15th Mar (excl. 15th Feb)
Cost: £78 (members), £113 (non-members), £88 (concessions*)

Ukulele for Beginners (Term 2)

Monday 18:30-20:00

The ukulele is a hugely popular and enjoyable instrument to learn to play. This course is ideal for complete beginners; learn to play chords in rhythm, simple melodies in various styles, and to read and understand ukulele tablature. You will need to bring a ukulele.

Tutor: Tim Laming
Duration: 9 weeks
Dates: 11th Jan - 15th Mar (excl. 15th Feb)
Cost: £86 (members), £122 (non-members), £95 (concessions*)

Aspects of Art - Samuel Palmer and his Influence on 20th Century Neo-Romantic Artists

Monday 19:00-21:00

The 19th century watercolour painter, Samuel Palmer was an important influence on the neo-romantic artists of the mid-20th century who, because of war, were cut off from the latest modern European avant-garde. They went back to the English watercolour tradition, which was so different from anything on continental Europe at that time. Artists such as Graham Sutherland, John Piper, Keith Vaughn and many others were included in this so-called new-romantic art group, which dominated British art both during the Second World War and its immediate post war years. These artists and others will be studied with slides and texts to present a key understanding of this neo-romanticism,

Tutor: Mike Baldry
Duration: 9 weeks
Dates: 11th Jan - 15th Mar (excl. 15th Feb)
Cost: £78 (members), £113 (non-members), £88 (concessions*)

Italian Intermediate

Tuesday 18:30-20:30

This continuing course is aimed at students with some knowledge of Italian, covering the four skills - speaking, listening, writing and reading, including grammatical structures. The main emphasis will be on Italian for communication, allowing students to express themselves in the target language, in situations they might experience in real life. Taught by a native Italian speaker, there will be opportunities for cultural insights.

Tutor: Rosalia Sortino
Duration: 9 weeks
Dates: 12th Jan - 16th Mar (excl. 16th Feb)
Cost: £78 (members), £113 (non-members), £88 (concessions*)

Guitar for Beginners

Tuesday 18:30-20:00

This is an introduction to the guitar, guitar tablature and chord progressions, covering all styles of music. Learn to read and play simple tunes and strum open chords in rhythm. You will need an acoustic or classical guitar to take part.

Tutor: Tim Laming
Duration: 9 weeks
Dates: 12th Jan - 16th Mar (excl. 16th Feb)
Cost: £86 (members), £122 (non-members), £95 (concessions*)

Yoga for All

Tuesday 17:15-18:30

I look forward to welcoming you to 'Gently into Yoga' for a total wellbeing of the mind, body and breath. I am a yoga teacher, trained for four years with The British Wheel of Yoga, and with more than 10 years experience. Yoga is for everyone so I make sure I offer many different levels into poses throughout the class. The class will include working with the breath, strengthening and flexibility for the body, mindfulness and a relaxation, all so important.

Tutor: Sarah Moss
Duration: 9 weeks
Dates: 12th Jan - 16th Mar (excl. 16th Feb)
Cost: £59 (members), £86 (non-members), £68 (concessions*)

** To be eligible for the concessionary fee you must be in receipt of means tested benefit or tax credit, or be under 20 and in full-time education.*

Adventures in Artland

Tuesday 18:30-20:30

Join a new adventure and tutor for this fun, practical course, ideal for those wishing to further their journey through the world of art. You can use your preferred medium, or explore a diverse range of mediums and styles to awaken your inner creativity, giving you freedom to experiment with your own ideas. Please bring an open mind, sketchbook, pens and pencils to the first lesson.

Tutor: Steve Joyce
Duration: 9 weeks
Dates: 12th Jan - 16th Mar (excl. 16th Feb)
Cost: £78 (members), £113 (non-members), £88 (concessions*)

Decorative Papers and Fabrics

Tuesday 18:30-20:30

In this course you will experiment with a range of techniques to create exciting designs on papers and fabrics. We will consider a range of printing techniques that will include printing with stamps, blocks and found objects, as well as marbling and cyanotypes. You will have the opportunity to create your own stamps and develop a range of papers suitable for book making, crafts and gifts. Full guidance, instructions and bring lists will be given at each session. There will be a small charge for materials.

Tutor: Margaret Holder
Duration: 5 weeks
Dates: 12th Jan - 9th Feb
Cost: £43 (members), £63 (non-members), £49 (concessions*)

Book Making

Tuesday 18:30-20:30

Explore basic book making techniques for sketchbooks, journals or notebooks, including folding and stitching, to encase your books in decorative papers and/or fabrics. This course is suitable for anyone who wishes to practise a range of traditional bookbinding/making techniques ready for further projects. Full instructions and bring lists will be given at each session. Building on techniques learnt last term, but also suitable for beginners. Bring your own decorative paper (such as leftover wrapping paper or wall paper) for book covers. There will be a small charge for materials and kits.

Tutor: Margaret Holder
Duration: 4 weeks
Dates: 23rd Feb - 16th Mar
Cost: £35 (members), £51 (non-members), £40 (concessions*)

Day Talks

Members £7 / Non-Members £10

Our Mathematical Universe, with Chris Shephard
10:30-12:30, Monday 18th January

Little Sea Wolf (Sae Wylfing), with Paul Constantine
10:30-11:30, Tuesday 16th February

Horrible Husbands, Despicable Wives, with James Thelusson
12:00-13:00, Wednesday 17th February

Cricket, Poetry and Society, with James Thelusson
14:00-15:00, Wednesday 17th February

Stewart White: A Life in Broadcasting
10:30-12:30, Friday 19th February

'When Fitz Met Boz' - A Tribute by Charles Mugleston, in character as Edward FitzGerald
13:30-15:30, Friday 12th March